Whitney R. Linsenmeyer, PHD, RD, LD
Saint Louis University
Department of Nutrition and Dietetics
3437 Caroline Street, Room 3076
St. Louis, MO 63104
314-977-8523 · whitney.linsenmeyer@health.slu.edu
Updated 7.25.2023

EDUCATION

2017 PhD in Higher Education Administration
Saint Louis University
St. Louis, MO

2012 MS in Nutrition and Culinary Entrepreneurship
Saint Louis University
St. Louis, MO

2011 Dietetic Internship
Saint Louis University
St. Louis, MO

2010 Honors BS in Nutrition and Dietetics with an Emphasis in Culinary Arts
Saint Louis University
St. Louis, MO

LICENSURE AND CERTIFICATION

2011 Registered Dietitian
Commission on Dietetic Registration
#1010832, registered through 2023

2011 Licensed Dietitian
Missouri Division of Professional Registration
#2011035397, licensed through 2024

PROFESSIONAL EXPERIENCE AND ACADEMIC APPOINTMENTS

2018-2024 National Spokesperson, Academy of Nutrition and Dietetics
Chicago, IL

2019-Present Assistant Professor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2019-2021 Director of the Didactic Program in Dietetics, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2013-2019 Instructor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2019-2024 Graduate Faculty Scholar Member, School of Interdisciplinary Health Professions
College of Health and Human Sciences
Northern Illinois University
DeKalb, IL

2013 Adjunct Instructor, Culinary Arts Program
The Art Institute of St. Louis
St. Charles, MO

2012-2013 School Meal Program Manager, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2012-2013 Adjunct Instructor, Hospitality Studies
St. Louis Community College at Forest Park
St Louis, MO

2011-2012 Graduate Assistant, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

GRANTS

Funded

1/23-12/23 Washington University in St. Louis, Institute of Clinical and Translational Sciences, Just in Time Research Funding Program. Food Insecurity Among Transgender Adults: An Analysis of the 2015 USTS Data, $3,600. Role: Primary Investigator.

3/23-2/24 Washington University in St. Louis, Institute of Clinical and Translational Sciences, Clinical and Translational Research Funding Program. Free to Flex: Evaluation of a YMCA-Based Initiative to Support Physical Activity Among Transgender and Gender Diverse Youth in St. Louis, $50,000. Role: Primary Investigator.

10/22-5/23 Saint Louis University, 1818 Grant, Advancing Inclusion of Transgender and Gender Diverse Identities in Clinical Education, $1,800. Role: Project Leader.

6/22-6/23 BarBend. The TRANSforming Power of Strength Sports and Nutrition, $5,000. Role: Primary Investigator.

7/20-6/22 Missouri Foundation for Health. Improving the Health and Safety of Missouri Transgender and Queer Youth, $113,561. Role: Research Evaluator.

8/21-5/22 Reinert Center for Transformative Teaching and Learning, Saint Louis University, Inclusive Practice Grant. Advancing Inclusion of Transgender and Gender Diverse Identities in Clinical Education, $2,500. Role: Project Team Leader.

9/21-3/22 Association of Schools Advancing Health Professions, Interprofessional Innovation Grant Program. Advancing Inclusion of Transgender and Gender Diverse Identities in Clinical Education: The Interprofessional Transgender Health Education Day, $2,000. Role: Primary Investigator.

7/19-6/20 Saint Louis University, Applied Health Sciences Research Grant Program. Transgender Health Collaborative, $19,980. Role: Primary Investigator.

4/19-7/19 Saint Louis University Spark Microgrant. Nutrition, Cooking and Budgeting: A Pilot Program for Single Parents with Young Children, $1,000. Role: Co-Investigator.

9/18-12/18 Saint Louis University Spark Microgrant. Diet and Nutrition Considerations of Transgender Patients: A Mixed Methods Cohort Study, $1,000. Role: Primary Investigator.

1/17-12/17 Foodservice Systems Management Education Council (FSMEC). The Future of Food Service Management Practitioners: Workforce Demands and Millennial Students' Career Aspirations, $2,000, Role: Primary Investigator.

7/20-6/21 Chaifetz Fellow, $1,000. Role: Veteran Fellow.

7/19-6/20 Chaifetz Fellow, $1,000. Role: Veteran Fellow.

7/18-6/19 Coleman Foundation Fellow, $1,000. Role: Veteran Fellow.

7/17-6/18 Coleman Foundation Fellow, $1,500. Role: Veteran Fellow.

7/16-6/17 Coleman Foundation Fellow, $1,500. Role: Veteran Fellow.

7/15-6/16 Coleman Foundation Fellows, $2,000. Role: Veteran Fellow.

7/14-6/15 Coleman Foundation Fellows, $5,000. Role: Fellow.

9/14-8/15 National Food Service Management Institute, Applied Research Division (NFSMI, ARD), Exploring how Elementary and Middle/Jr High Students' Preferences Impact Their Milk Selection in Schools, $23,846.00. Role: Primary Investigator.

Under review

8/1 JustPax Fund. Transgender Health Collaborative. Proposed Role: Project Lead.

7/23 Canadian Institutes of Health Research. Wicked Bodies. Proposed Role: Co-Investigator.

6/23 Association of Schools Advancing Health Professions. Advancing Inclusion of Transgender and Gender Diverse Identities in Clinical Education: Translating Knowledge to Clinical Skills. Proposed Role: Primary Investigator.

Not funded

6/22 Oncology Nursing Foundation. Bon Appetit: Dining Interventions for Taste Disorders in Head and Neck Cancer Survivors. Proposed Role: Co-Investigator.

6/22 Association of Schools Advancing Health Professions, Interprofessional Grant Program. Advancing Inclusion of Transgender and Gender Diverse Identities in Clinical Education: From Knowledge to Clinical Skills. Proposed Role: Primary Investigator.

11/21 Washington University in St. Louis, Institute of Clinical and Translational Sciences, Clinical and Translational Sciences Research Funding Program. Free to Flex: Development of a YMCA-Based Initiative to Support Physical Activity Among Transgender and Gender Diverse Youth in St Louis. Propose Role: Primary Investigator.

6/21 National Institutes of Health R21. A Family Resilience Investigation into Critical Family Processes Influencing Transgender and Gender Non-Conforming Adolescent Health and Development. Proposed Role: Co-Investigator.

11/18 Research Growth Fund. Transgender Health Collaborative, $20,920. Proposed Role: Primary Investigator.

6/18 Wayne F. Placek Grant. Food and Nutrition Considerations of Transgender Clients in an Underserved Community: An Exploratory Ethnographic Pilot Study, $10,000. Proposed Role: Primary Investigator.

9/14 Foodservice Systems Management Education Council (FSMEC). Motivating Factors of Undergraduate Dietetics Students to Earn a Combined Degree in Nutrition and Culinary Arts, $2,000. Proposed Role: Primary Investigator.

PROFESSIONAL ORGANIZATION MEMBERSHIPS

2022-Present World Critical Dietetics, Member.

2020-Present Nutrition and Dietetics Educators and Preceptors, Member.

2020-Present American Society for Nutrition, Member.

2018-Present Les Dames d'Escoffier, St. Louis Chapter, Member.

2016-Present Academy of Nutrition and Dietetics, Member.

2016-Present Missouri Academy of Nutrition and Dietetics, Member.

2016-Present St. Louis Chapter, Academy of Nutrition and Dietetics, Member.

2016-Present Alpha Eta Honors Society, Member.

2015-Present Foodservice Systems Management Education Council, Member.

2014-Present Coleman Foundation, Fellow.

2015-2017 American College Personnel Association, Member.

2015-2017 Missouri College Personnel Association, Member.

2008-2010 American Culinary Federation, Member.

PROFESSIONAL SERVICE

2022-2025 Member, Council on Research, Dissemination Subcommittee Academy of Nutrition and Dietetics

2023 Reviewer, Robert Wood Johnson Foundation, Healthy Eating Research Grant Program

2022-Present Reviewer, *Journal of Nutrition Education and Behavior*

2020-Present Reviewer, *Journal of the Academy of Nutrition and Dietetics*

2019-Present Reviewer, *Transgender Health*

2018-Present Reviewer, *Journal of Child Nutrition and Management*, School Nutrition Association.

2017-Present Secretary, Alpha Eta Honors Society, Doisy College of Health Sciences Chapter.

2018-2021 Mentorship Chair, Research Dietetic Practice Group, Academy of Nutrition and Dietetics.

2019-2021 Green Tables Chair, Les Dames d'Escoffier, St. Louis Chapter.

2016-2017 Social Media Chair, Academy of Nutrition and Dietetics, St. Louis Chapter.

2016-2017 Member, Conference Planning Committee, American College Personnel Association Midwest Drive-In Conference.

2016-2017 Member, Wellness and Accessibility Committee, American College Personnel Association Midwest Conference.

2016 Participant, Advisory Roundtable, Midwest Dairy Council: Milk & Dairy Imitators.

2015-2017 Assistant Editor, Journal of the 21st Century Academic Forum.

2015 Member, Ad Hoc Food and Nutrition Conference Expo Committee, Foodservice Systems Management Education Council.

2015 Participant, Advisory Roundtable, Midwest Dairy Council: DASH Diet.

2015 Participant, Advisory Roundtable, Midwest Dairy Council: Sustainability.

2015 Participant, Advisory Roundtable, Midwest Dairy Council: Health and Wellness.

ENTREPRENEURIAL/CLINICAL SERVICE

2020-Present Staff Dietitian, Transgender Clinic, SLUCare, Saint Louis University.

2016-2020 Staff Dietitian, Student Health, Saint Louis University.

2019 Visiting Dietitian, Transgender Center, Children's Hospital in St. Louis.

2014-2015 Manager, Fresh Gatherings Café, Saint Louis University.

2014 Manager, School Meal Program, Saint Louis University.

UNIVERSITY SERVICE

University Service

2020-Present Member, Qualitative Research Committee

2021-2022 Member, Provost's Student Well-being Task Force

2019 Member, Search Committee, Director of the Center for Entrepreneurship

2016 Member, Sustainability Council.

2016 Member, Saint Louis University Ecosystem "Kitchen Cabinet."

2016 Grant Reviewer, President's Research Fund.

2016 Judge, Angels in the Outfield, Saint Louis University Center for Entrepreneurship.

2015-2016 Faculty Advisor, Culinary Club, Saint Louis University.

College

2020-2022 Member, Dean Search Committee, Doisy College of Health Sciences, Saint Louis University.

2019-2021 Member, Doisy College Education Council, Doisy College of Health Sciences, Saint Louis University.

2019-2021 Member, Doisy College Assessment Advisory Group, Doisy College of Health Sciences, Saint Louis University.

2019-2021 Strategic Map Implementation Team, Doisy College of Health Sciences, Saint Louis University.

2015-2019 Member, Awards Committee, Doisy College of Health Sciences, Saint Louis University.

2018 Member, Summer Minor Committee, Doisy College of Health Sciences, Saint Louis University.

2016 Member, Search Committee for Medical Imaging and Radiation Therapeutics faculty member, Doisy College of Health Sciences, Saint Louis University.

2010-2015 Member, Alumni Committee, Doisy College of Health Sciences, Saint Louis University.

Department

2022-Present Member, Faculty Search Committee, Department of Nutrition and Dietetics, Saint Louis University

2014-Present Member, Dietetic Intern Selection Committee, Department of Nutrition and Dietetics, Saint Louis University

2022 Member, Staff Search Committee, Department of Nutrition and Dietetics, Saint Louis University

2020-2022 Co-Chair, Recruitment Committee, Department of Nutrition and Dietetics, Saint Louis University

2020-2022 Co-Chair, Curriculum Committee, Department of Nutrition and Dietetics, Saint Louis University

2014-2016 Preceptor, Dietetic Internship, Department of Nutrition and Dietetics, Saint Louis University

Media Presentations

2023 What dietitians eat for dessert, Today.com, July 2023
No-cook meals for St. Louis summers, Great Day St. Louis, July 2023
Healthy eating trend on TikTok, Great Day St. Louis, July 2023
BMI and your health, Great Day St. Louis, June 2023
Nutritional benefits of corn, Consumer Reports, June 2023
The American Medical Association and BMI, Contemporary Pediatrics, June 2023

Staying hydrated in a St. Louis Summer, Great Day St. Louis, May 2023
USDA ban on chocolate milk, Verify This, May 2023
Feeding picky eaters, Great Day St. Louis, April 2023
Science behind yogurt as a marinade, Spruce Eats, April 2023
Safety of nonstick cookware, Simply Recipes, April 2023
Anti-inflammatory foods, U.S. News and World Report, April 2023
BMI and gender-affirming surgeries, *AMA Journal of Ethics* Podcast, April 2023
Erythritol and cardiovascular health, Great Day St. louis, March 2023
Erythritol and cardiovascular health, Today.com, March 2023
The influence of gender on inflammatory bowel disease, WebMD, March 2023
Recommendation for flavon-3-ols, Great Day St. Louis, February 2023
Flavon-3-ols, HealthCall Live Radio, February 2023
Sex/gender in the Nutrition Care Process, *AMA Journal of Ethics* Podcast, February 2023
The Tufts Food Compass, Verify This, January 2023
Weight loss myths, Great Day St. Louis, January 2023
Health benefits of beans, Consumer Reports, January 2023
Ultra-processed foods, New York Times, January 2023
Sea moss, Wall Street Journal, January 2023

2022

Avoiding a holiday hangover, Great Day St. Louis, December 2022
Nutrition content of jarred pasta sauces, Consumer Reports, December 2022
Super foods at the Thanksgiving table, Great Day St. Louis, November 2022
Healthy eating during the holidays, KMOV, November 2022
Keto 2.0 diet, Health.com, November 2022
Managing your kids' Halloween candy, Great Day St. Louis, October 2022
Safety of food additives, Live Science, October 2022
White House Conference on Hunger, Health and Nutrition, September 2022
Gut-brain relationship, American Legion Magazine, September 2022
Transgender health and nutrition, Fit to Transform Training podcast, September 2022
Choosing canned foods wisely, Consumer Reports, September 2022
Diet and cognitive health, Today's Dietitian, August 2022
Hydrating in the St. Louis heat, Great Day St. Louis, July 2022
Health risks associated with red meat intake, Health Day, July 2022
Seed cycling, NBC, July 2022
Adding salt at the table and health risks, Health Day, July 2022
Fish and methylmercury levels, Healthline, June 2022
Grant awarded on strength training and nutrition, Saint Louis University News, June 2022
Cranberries and cognitive health, VeryWell Health, June 2022
Food safety mantra for summer picnics, Great Day St. Louis, May 2022
Anti-inflammatory diets, The Complete Guide to Anti-Inflammation, May 2022
Pantry staples on a budget, Great Day St. Louis, March 2022

2021

Coffee and cognitive health research, VeryWellHealth, December 2021
Older adults and healthy snacking, Consumer Reports, December 2021
Health merits of prebiotic drinks, www.everydayhealth.com, December 2021
Strategies to avoid holiday overeating, Great Day St. Louis, November 2021
Winter weight gain and seasonal affective disorder, Livestrong, November 2021
Health effects of ginger, Eat This Not That, November 2021
Food-drug interactions, New York Times, November 2021
Transgender health and nutrition, Livestrong, November 2021
Food additives, Sunday Edit, October 2021
Older adults and picky eating, Seniors Matter, October 2021
Fiber and weight loss, verifythis.com, October 2021
Food-drug interactions, NY Times, September 2021
Natural preservatives and the food industry, Food Dive, September 2021
The merits of canned cranberry sauce, Huffington Post, September 2021

Halloween candy and added sugars, Huffington Post, September 2021
The history of food guides in the United States, verifythis.com, September 2021
Packing a healthy lunch for your picky eater, Great Day St. Louis, August 2021
Getting back on track with healthy eating after vacation, Great Day St. Louis, August 2021
Game plan to reduce salt intake, HealthCentral.com, July 2021
Dietary strategies to manage psoriasis, Dermatology Times, June 2021
Eating disorders among registered dietitians, Bustle, June 2021
Transgender health and nutrition, Weight Watchers (WW), June 2021
Transgender health and nutrition, Academy of Nutrition and Dietetics Podcast, June 2021
PRIDE month and transgender health, American Society of Nutrition Blog, June 2021
Food safety and your backyard BBQ, Great Day St. Louis, June 2021
Eating disorders and the transgender community, EveryDayHealth, May 2021
Transgender health and nutrition, Health Highlights with Dr. Kay Podcast, May 2021
Disease risk and foods, HealthDay, April 2021
Dietitians in research, AND Healthy Aging Podcast, March 2021
Healthy wine choices, Eat This Not That, March 2021
Seed cycling, Great Day St. Louis, March 2021
Ingredient profile on lard, Food Dive, March 2021
Seed cycling, Reader's Digest, March 2021
Transgender nutrition, Nutrition Pro, February 2021
The microbiome and the gut-brain connection, SLU Newslink, February 2021
COVID-19 and taste changes, EveryDayHealth, February 2021
Healthy wine choices, Great Day St. Louis, January 2021
Multiple sclerosis and diet, WebMD, January 2021
Say goodbye to dieting, Mindfulness for Women Magazine, January 2021
Health benefits of collagen, Weight Watchers Magazine, January 2021

2020

Habits for long-term weight loss, Great Day St. Louis, December 2020
Nutrition and transgender individuals, Men's Health, December 2020
Hypercalcemia and low calcium diets, Livestrong, December 2020
Mononucleosis and nutrition, Livestrong, December 2020
COVID-19 and malnutrition, Today's Dietitian, December 2020
Detox diets and juice cleanses, www.fasting.com, December 2020
Eating for eye health, NRA Women, November 2020
Detox diets, Livestrong, November 2020
Health benefits of berries, Reader's Digest, November 2020
Taste changes during COVID19, The Washington Post, November 2020
Managing your kids' Halloween candy, Great Day St. Louis, October 2020
Healthy eating on-campus, The University Network, October 2020
Tips on adding big flavor, SELF Magazine, September 2020
Xylitol, Natural Foods Merchandiser, September 2020
Artificial sweeteners, Gannett, September 2020
Family mealtime strategies while online learning, Great Day St. Louis, August 2020
Making healthy soups, Real Simple Magazine, August 2020
Habits that hurt your metabolism, MyFitnessPal, July 2020
The keto diet, Health Magazine, June 2020
Dietitians and transgender health, Nutrition411, June 2020
Summer cooking projects for kids, Great Day St. Louis, June 2020
Debunking fad diets, The Essential Guide to Nutrition, May 2020
Meal planning and adaptive cooking, Push Living, May 2020
Safety of women's vitamins, The Checkup, May 2020
Food safety and COVID19, Great Day St. Louis, April 2020
Filtered versus unfiltered coffee, TODAY Health, April 2020
Unfiltered coffee and ischemic heart disease risk, Health Day, April 2020
Orthorexia, Push Living, March 2020
Eating well during quarantine, Saint Louis University Newslink, March 2020

Nutrients of concern during quarantine, Eat This Not That, March 2020
Cruciferous vegetables, Under Armour, March 2020
Sugar detox, Great Day St. Louis, February 2020
Dietitians and eating disorders, Nutrition 411, February 2020
Red meat recommendations, Nutrition411, February 2020
Keto diet, St. Louis Public Radio, January 2020
Health benefits of green tea, HealthDay, January 2020
Eating disorder treatment, Abilities Expo Chicago, January 2020
Diet and mental health, OnlineCounselingPrograms.com, January 2020
Food cravings, Prevention Magazine, January 2020

2019

Health benefits of sprouted grains, Huffington Post, December 2019
Sorghum culinary history, benefits, and availability, Today's Dietitian, December 2019
The keto diet, The New York Times, November 2019
Health benefits of cinnamon, Eat This, Not That! November 2019
The downside of cheat days, MyFitnessPal, October 2019
Managing your kid's Halloween candy, Great Day St. Louis, October 2019
Disordered eating and fad diets, Well + Good, October 2019
Cooking with whole pumpkins, The New York Times, October 2019
Health benefits of dark chocolate, Prevention Magazine, September 2019
Low-fat diets and breast cancer, HealthDay, August 2019
The freshmen 15, Great Day St. Louis, August 2019
Talking to teens about the nutrition facts panel, KOMO Newsradio Seattle, August 2019
Diet, exercise and osteoporosis risk, USA Today, August 2019
Anti-inflammatory diets, U.S. News & World Report, August 2019
Food sources and health benefits of anthocyanin, EatingWell Magazine, July 2019
Protein powders, SELF Magazine, July 2019
Glycemic response, SELF Magazine, July 2019
Intermittent fasting, Great Day St. Louis, June 2019
Protein metabolism, SELF Magazine, June 2019
Caffeine and the cardiovascular system, Healthline.com, June 2019
Ultra-processed vs. unprocessed foods, HealthDay, May 2019
Cellulose in FDA-cleared weight-loss device, Great Day St. Louis, April 2019
Macronutrient digestion, absorption and metabolism, SELF Magazine, April 2019
Intermittent fasting, Under Armour, April 2019.
Marketing of "healthy" foods, Consumer Reports, March 2019
Talking about healthy habits with children, New York Times, March 2019
Dairy is a local food, Great Day St. Louis, February 2019
Is granola good for you? Consumer Reports, February 2019
Diet and depression, MyFitnessPal, February 2019
Adapting the Okinawan diet, Huffington Post, February 2019
Responding to the *EAT-Lancet Commission* diet, U.S. News & World Report, January 2019
Folate deficiency, Furthermore from Equinox, January 2019
Tips for weight loss in 2019, health.com, January 2019
Intermittent fasting, MyFitnessPal, January 2019

2018

Interpreting nutrition research, *Time Magazine*, December 2018
Healthy-ish dark chocolate bark, Great Day St. Louis, December 2018
Food safety and your fridge, Channel 2, November 2018
Healthfulness of sushi, How Stuff Works, November 2018
Medicinal properties of beets, Consumer Reports, November 2018
Appetite changes during holiday travel, MyFitnessPal, November 2018
The science (or lack of) behind fat diets, Good Housekeeping, November 2018
Danger of dietary cleanses, Great Day St. Louis, November 2018
Flexitarian diet, Rally Health, October 2018
Staying healthy during the holidays, Appetite for Health, October 2018

Safety of edible gold leaf, The Takeout, October 2018
Health benefits of vinegar, Consumer Reports, September 2018.
Dangers of extreme dieting, U.S. News & World Report, September 2018.
Microwave cooking and nutrient retention, CNN, September 2018.
Healthy cooking in foil packets, FitBit, August 2018.
The keto diet, Great Day St. Louis, August 2018.
Healthy brunch ideas, ShareCare.com, August 2018.
School lunch and social stigmatization. *Huffington Post*, July 2018.
Celebrating National Blueberry Month. Great Day St. Louis, July 2018.
Dangers of water fasting. *Women's Health*, July 2018.
How long can you survive without food or water? *Shape Magazine*, July 2018.
Alcohol and cancer risk, Great Day St. Louis, June 2018
Iron 101, Great Day St. Louis, April 2018
Healthy choices on spring break, Great Day St. Louis, March 2018

2017 The versatile canned pumpkin, Great Day St. Louis, November 2017
Oktoberfest beer and your diet, Great Day St. Louis, September 2017
Demystifying milk alternatives, Great Day St. Louis, August 2017
No-cook meals for St. Louis summers, Great Day St. Louis, July 2017
All things coconut, Great Day St. Louis, June 2017

2016 Ranking of holiday meats, poultry, and fish, KMOX, December 2016
Healthiest meats at your holiday buffet, Channel 2, December 2016
Food safety for the holidays, Great Day St. Louis, December 2016
Calorie counts influence just 8% of fast food eaters, Channel 2, December 2016
Eating the rainbow on Thanksgiving, Channel 2, November 2016
Sugar coated: the great sugar debate, Channel 2, November 2016
The power of pumpkin, Great Day St. Louis, October 2016
Eating healthy on-the-road, Channel 2, October 2016
Back-to-school breakfasts, Great Day St. Louis, August 2016
Ugly fruits & vegetables, Great Day St. Louis, July 2016
New food labels to show added sugar, Channel 2, May 2016
FODMAP diet, Channel 2, May 2016
Feasting on asparagus, Great Day St. Louis, April 2016
New dietary guidelines, Channel 2, January 2016

2015 Hangover cures, Great Day St. Louis, December 2015
Nutrition labeling on wine bottles, Channel 2, December 2015
The great cranberry, Great Day St. Louis, November 2015
Clean eating on Thanksgiving, Channel 2, November 2015
Roasting fresh pumpkin seeds, Channel 2, October 2015
Health benefits of beer, Great Day St. Louis, September 2015
Packing a power lunch for your kids, Great Day St. Louis, August 2015
Getting the most bang for your buck, Great Day St. Louis, July 2015
Storing shelf-stable pantry items, Channel 2, April 2015

2014 Cooking demonstration of homemade granola, Channel 2, April 2014

COMMUNITY SERVICE

2015-2020 Pre-School Team Member, One Family Church

2019-2020 English tutor, Immigrant and Refugee Women's Program

2015-2016 Secretary, Tiffany Neighborhood Association

2014-2015 Standing Member, Tiffany Neighborhood Association

PUBLICATIONS

Peer Reviewed Manuscripts

2023 **Linsenmeyer, W**, Heiden-Rootes, K, Drallmeier, T, Rahman, R, Buxbaum, E, Rosen, W, Gombos, B, Otte, A. Advancing inclusion of transgender and gender diverse identities in clinical education: A toolkit for clinical educators. *Health Promotion Practice*, [published online ahead of print]: 15248399231183643.

2023 Heiden-Rootes K, **Linsenmeyer W**, Levine S, Oliveras M, Joseph M. A scoping review of the research literature on eating and body image for transgender and nonbinary adults. *Journal of Eating Disorders*, 11(1):111.

2023 **Linsenmeyer, W**, Stiles, D, Garwood, S, Giedinghagen, A, Lewis, C, Strand, G. Validation of the adolescent binge eating disorder measure (ADO-BED) among transgender youth and young adults. *Journal of Eating Disorders*, 11:91.

2023 **Linsenmeyer, W**. Should clinicians care about how food behaviors express gender identity? *American Medical Association Journal of Ethics*, 25(4):E287-293. (Invited Article).

2023 **Linsenmeyer, W**, Garwood, S. A patient-centered approach to evaluating gender-affirming eligibility with respect to body mass index. *American Medical Association Journal of Ethics*. 2023;25(6):E398-406.

2023 **Linsenmeyer, W**, Stiles, D, Drallmeier, T, Heiden-Rootes, K, Rahman, R, Buxbaum, E, Gombos, B, Harris, N, Johnson, S, Lantz, C, Otte, A, Rosen, W, Lillioja, S. Advancing inclusion of transgender identities in health professional education programs: The interprofessional transgender health education day. *Journal of Allied Health*, 51(1),24-35.

2023 Zickgraf HF, Garwood SK, Lewis CB, Giedinghagen AM, Reed JL, **Linsenmeyer WR**. Validation of the nine-item avoidant/restrictive food intake disorder screen (NIAS) among transgender and nonbinary youth and young adults. *Transgender Health*. 2023;8(2):159-167.

2023 Heather, S, **Linsenmeyer, W**, Ohlhorst, S, Landry, M, Gunther, C. Sex and gender data collection in nutrition research: Considerations through an Inclusion, Diversity, Equity and Access lens. *Journal of the Academy of Nutrition and Dietetics*, 123(2),247-252.

2022 **Linsenmeyer, W**, Heiden-Rootes, K, Drallmeier, T, Thomure, M, Nye, E, Armstrong, E. Nutrition and exercise as a 'source of empowerment': A narrative inquiry of transgender men. *Social Science and Medicine (SSM) – Qualitative Research in Health,* 2:100128.

2022 **Linsenmeyer, W**, Garwood, S, Waters, J. An examination of the sex-specific nature of nutrition assessment within the nutrition care process: Considerations for nutrition and dietetics practitioners working with transgender and gender diverse clients. *Journal of the Academy of Nutrition and Dietetics*, 122(6), 1081-1086.

2022 **Linsenmeyer, W**, Rahman, R, Stewart, D. The evolution of a FtM transgender male's relationship with food and exercise: A narrative inquiry. *Journal of Creativity in Mental Health,* 17(1),2-14.

2021 **Linsenmeyer, W**, Rahman, R. Caring for transgender and gender diverse patients: Considerations for the clinical nutrition manager. *Future Dimensions in Clinical Nutrition Practice, Academy of Nutrition and Dietetics*, Special Edition on Diversity, Equity and Inclusion, Spring 2021, 15-22. Reprinted in the Academy of Nutrition and Dietetics Nutrition Care Manual® in 2021.

2021 **Linsenmeyer, WR,** Katz, IM, Reed, JL, Giedinghagen, AM Lewis, CB, Garwood, SK. Disordered eating, food insecurity, and weight status among transgender and gender nonbinary youth and young adults: A cross-sectional study using a nutrition screening protocol. *LGBT Health*, 8(5), 359-366.

2021 **Linsenmeyer, W**, Waters, J. Sex and gender differences in nutrition research: Considerations with the transgender and gender nonconforming population. *Nutrition Journal,* 20(6),1-3.

2021 **Linsenmeyer, W**, Rahman, R. Working with transgender and gender nonconforming youth: Considerations for registered dietitian nutritionists. *Weight Management Matters, Academy of Nutrition and Dietetics*, 19(3), 8-14.

2021 **Linsenmeyer, W**, Rahman, R. Career motivations and aspirations of dietetic students: Applying the social cognitive career theory. *Internet Journal of Allied Health Sciences and Practice*, 19(1):2.

2020 Rozga, M, **Linsenmeyer, W,** Cantell Wood, J Darst, V, Gradwell, EK. Hormone therapy, health outcomes and the role of nutrition in transgender individuals: A scoping review. *Clinical Nutrition ESPN*, 40(December 2020), 42-56.

2020 **Linsenmeyer, W**, Drallmeier, T, Thomure, M. Towards gender-affirming nutrition assessment: A case series of adult transgender men with distinct nutrition considerations. *Nutrition Journal,* 19(74), 1-8.

2020 Lewis, J, Pole, D, **Linsenmeyer, W**, Rahman, R, Briggs, E, Eliot, K. The relationship between interprofessional education experience and perceptions, values, and attitudes towards interprofessional collaboration in dietetics practice. *Journal of Interprofessional Education and Practice.* 2020;20(100236):1-5.

2019 Schier, H, **Linsenmeyer, W**. Nutrition-related messages shared among the online transgender community: A netnography of YouTube vloggers. *Transgender Health*, 4(1), 340-349.

2019 Rahman, R, **Linsenmeyer, W**. Caring for our transgender patients and clients: Nutrition-related clinical and psychosocial considerations. *Journal of the Academy of Nutrition and Dietetics,* 119(5), 727-732.

2019 **Linsenmeyer, R**, McNair, M. Catalog of nutrition and dietetics journals. *The Digest, Academy of Nutrition and Dietetics, 54*(1), 1-9.

2019 Lucas, T, **Linsenmeyer, W**. The student experience: Perceptions of administrative leadership on-campus during the Occupy SLU social justice movement. *Missouri Electronic Journal of Sociology*. Fall 2019, 16(1).

2019 Finocchiaro, E, **Linsenmeyer, W**, Lucas, T. When social media & crisis converge: The student experience during the civil unrest in Ferguson, Missouri. *Missouri Electronic Journal of Sociology*. Fall 2019, 16(1).

2019 Wright-Jones, L, Linsenmeyer, J, Finocchiaro, E., **Linsenmeyer, W**., Lucas, T. Leading through crisis: Assessing higher education executive communications after the Darren Wilson Grand Jury Decision. *Missouri Electronic Journal of Sociology*. Fall 2019, 16(1).

2018 **Linsenmeyer, W**, Rahman, R. Diet and nutritional considerations for a FtM transgender male: A case report. *Journal of American College Health*, *66*(7), 533-536.

2018 **Linsenmeyer, W**, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students' career motivations and aspirations. *Journal of Foodservice Management & Education, (12)*1, 7-12.

2018 **Linsenmeyer, W**, Daugherty, J. Career exploration of culinary nutrition: Motivations and career aspirations of undergraduate students. *The Journal of Family and Consumer Sciences Education*, 25, 1-13.

2018 **Linsenmeyer, W**, Rahman, R. Validation of the Career Aspirations and Motivations of Dietetics Students (CAMDS) instrument using content validity index methodology. *The Digest, Academy of Nutrition and Dietetics, 53*(2), 1-5.

2017 **Linsenmeyer, W**, Lucas, T. Student development during the Occupy SLU movement through the lens of Perry. *Jesuit Higher Education, 6*(1), 33-43.

2017 Lucas, T, **Linsenmeyer, W**, Finocchario, E. The impact of flag desecration on social justice movements: The case of Occupy SLU. *Jesuit Higher Education, 6*(1).

2017 **Linsenmeyer, W**, Lucas, T. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. *International Journal of Teaching and Learning in Higher Education*, 29(3).

2016 Lucas, T, **Linsenmeyer, W**. Cutting through a crisis: Guiding prospective students and families during times of unrest. *The Journal of College Admission, 231*, 30-32.

2015 Lucas T, **Linsenmeyer W**, O'Brien K. Crisis management: An assessment of the college and university executive communications prior to the release of the Darren Wilson grand jury decision. *Western Journal of Black Studies*, (39)4, 299-311.

2013 **Linsenmeyer W**, Kelly P, Jenkins S, Mattfeldt-Beman M. School food environment of charter schools in St. Louis. *Journal of Child Nutrition Management, 37*(2). Retrieved from www.schoolnutrition.org

Book Contributions

2023 **Linsenmeyer, W**, Coffey, M. "Going from Invisible to Visible": Challenging the "Normal" Ranges, Cut-Offs and Labels used to Describe the Sizes and Shapes of Transgender and Gender Diverse Bodies. In: P. Joy & M. Aston (Eds), Queering Nutrition and Dietetics: LGBTQ+ Reflections on Food Through Art. New York, New York, United States: Routledge.

2022 Waters, J, **Linsenmeyer, W**. "Transgender health and nutrition." In: J. Raymond & K. Morrow (Eds), Krause and Mahan's Food & the Nutrition Care Process, 16e. St. Louis, Missouri, United States: Elsevier.

2021 **Linsenmeyer W**, Price J, Clark C. "Nutrition Guidance for Transgender and Gender Diverse Individuals." In: Nutrition Care Manual® of the Academy of Nutrition and Dietetics. Chicago, Illinois, United States: Academy of Nutrition and Dietetics.

2016 **Linsenmeyer, W**. Free degree? Sure, why not? In: C. Artenie & D.J. Davis & (Eds.), *Specialists: Passions and Careers.* Montreal, Canada: Universitas Press; 2016.

Non-peer Reviewed Manuscripts and Submissions

2023 **Linsenmeyer, W**, Landry, MJ. What to eat when transitioning with hormone therapy. Academy of Nutrition and Dietetics website. Published February 15, 2023. https://www.eatright.org/health/wellness/weight-and-body-positivity/what-to-eat-when-transitioning-with-hormone-therapy

2022 Schier, H, **Linsenmeyer, W**, Sauer, K, DeBiasse, M, Wallace, T, Gunther, C, Lewis, C, Garwood, S, Waters, J, Joy, P, Brady, J. Sex, gender identity, and sexual orientation data. 2024 National Health and Nutrition Examination Survey (NHANES) Content Solicitation.

2015 **Linsenmeyer, W** & Lucas, T. An assessment of college and university executive communication to key stakeholders prior to the unrest in Ferguson, Missouri. Proceedings from the International Conference on Advances in Management.

PEER REVIEWED PRESENTATIONS

International

2016 Linsenmeyer, W, Lucas, T. Crisis management: An assessment of executive officer communications to key stakeholders prior to the release of the Ferguson grand jury decision. Paper presentation at the American College Personnel Association Conference, 2016, Montreal, QE, March 2016.

2016 Lucas, T, Linsenmeyer, W. A time for healing: An analysis of university executive communication following the Ferguson, Missouri grand jury decision. Paper presentation at the Hawaii International Conference on Education, Honolulu, HI, January 2016.

2015 Linsenmeyer, W, Lucas, T, O'Brien, K. Crisis management: An assessment of college and university executive communication to key stakeholders prior to the unrest in Ferguson, Missouri. Paper presentation at the International Conference on Advances in Management, Boston, MA, July 2015.

National

2022 Linsenmeyer, W, Stiles, D, Drallmeier, T, Heiden-Rootes, K, Rahman, R, Buxbaum, E, Gombos, B, Johnson, S, Lantz, C, Otte, A, Rosen, W, Lillioja, S. Advancing inclusion of transgender and gender diverse identities in clinical education. Poster presentation at the Association of Schools Advancing Health Professions Annual Conference, Long Beach PA, October 2022. *Abstract published in the Journal of Allied Health* (in press).

2022 Linsenmeyer, W, Rahman, R. Advancing inclusion of transgender and gender diverse identities in clinical education. MSU Denver-POHA Nutrition Diversity Conference. Virtual/Online, September 2022.

2022 Linsenmeyer W, Garwood S, Waters J. Evaluation of the sex-specific nature of nutrition assessment within the Nutrition Care Process: Case study vignettes of transgender and gender diverse patients. Poster Presentation at Nutrition 2022, Live/Online, June 2022. Abstract published in *Current Developments in Nutrition*, 2022;6(S1):746.

2022 Linsenmeyer W, Rabia R. Advancing inclusion of transgender and gender diverse identities in clinical education. Nutrition and Dietetic Educators and Preceptors (NDEP) Spring Meeting, Academy of Nutrition and Dietetics. Virtual/Online, April 2022.

2021 Linsenmeyer W, Zickgraf HF, Garwood SK, Lewis CB, Giedinghagen AM, Reed J. Validation of the nine-item avoidant/restrictive food intake disorder screen among transgender and nonbinary youth and young adults. Poster Presentation and the Food and Nutrition Conference Expo, October 2021. Abstract published in the *Journal of the Academy of Nutrition and Dietetics.* 2021;121(SA63).

2021 Linsenmeyer WR, Heiden-Rootes K, Drallmeier TM, Armstrong E, Thomure M. The evolving role of nutrition and exercise in the lives of transgender men: A narrative inquiry. Poster Presentation at Nutrition 2021, Live/Online, June 2021. Abstract published in *Current Developments in Nutrition*. 2021;5(S2):4247.

2020 Linsenmeyer, WR, Reed, JK, Giedinghagen, AM, Lewis, CB, Garwood, SK. Nutrition considerations for transgender adolescents and young adults: Screening for disordered eating and food insecurity at a Midwestern transgender center. Poster presentation at Nutrition 2020, Live/Online, June 2020. Abstract published in *Current Developments in Nutrition*. 2020;4(S2):1130.

2020 Rozga, M, Gradwell, E, Cantell Wood, J, Darst, V, Linsenmeyer, WR. Hormone therapy, health outcomes and the role of nutrition in transgender individuals: A scoping review. Poster presentation at Nutrition 2020, Live/Online, June 2020. Abstract published in *Current Developments in Nutrition*. 2020;4(S2):1481.

2019 Linsenmeyer, W, Heather, S. Nutrition-related messages shared among the online transgender community: A netnography of YouTube vloggers. Poster presentation at the Food and Nutrition Conference Expo, 2019, Philadelphia PA, October 2019. Abstract published in the *Journal of the Academy of Nutrition and Dietetics*. 2019;S1:A70.

2019 Linsenmeyer, W. Nutrition care for the transgender population. Food and Nutrition Conference Expo, Academy of Nutrition and Dietetics Spokesperson Program. Philadelphia, PA, October 2019.

2019 Linsenmeyer, W, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students' career motivations and aspirations. Foodservice Systems Management Education Council 2019 Conference. Savannah, GA, March 2019.

2018 Linsenmeyer, W, Rahman, R. Evidence-based care for our transgender patients and clients. Presentation at the Food and Nutrition Conference Expo, 2018, Washington D.C., October 2018.

2017 Lucas, T, Linsenmeyer, W, Goff, J, Hamstra-Smith, W, Steinlage, M. Cutting through a crisis: Guiding prospective students and families through times of unrest. Panel discussion at the 2017 National Association of College Admission Counseling National Conference. Boston, MA, September 2017.

2017 Lucas, T., Finocchario, E.G., Linsenmeyer, W. (2017). Student social media use during crisis: Lessons learned post-Ferguson. Paper presentation at the American Association of University Professors National Conference, Washington D.C., June 2017.

2017 Blisset, R, Baker, D, Lucas, T, Linsenmeyer, W. Leading through crisis: Assessing higher education executive communications and management Styles after the Darren Wilson grand jury decision. Paper presentation at the Annual Meeting of the American Educational Research Association in San Antonio, TX, April 2017.

2017 Lucas, T, Linsenmeyer, W, Finocchario, E. Burning the flag: An artistic means for promoting social justice. Paper presentation at the National Conference of the American College Personnel Association in Columbus, Ohio, March 2017.

2017 Lucas, T, Linsenmeyer, W, Finocchario, E. Student social media use during crisis: Lessons learned post-Ferguson. Paper presentation at the National Conference of the American College Personnel Association in Columbus, Ohio, March 2017.

2016 Lucas, T, Linsenmeyer, W. Burning the flag: An artistic means for promoting social justice. Research presentation at the American Association of University Professors, Washington D.C., June 2016.

2016 Lucas, T, Linsenmeyer, W. The student experience: On-campus social justice and the crisis in Ferguson, Missouri. Research presentation at the American Association of University Professors, Washington D.C., June 2016.

2016 Linsenmeyer, W, Lucas, T. Student voices during the civil unrest in Ferguson, Missouri. Research presentation at the Memphis in May Student Affairs Conference, Memphis, TN, May 2016.

2015 Lucas, T, Linsenmeyer, W. Crisis management communication: Evaluating university executive communications to key stakeholders with relation to the Darren Wilson grand jury decision. Common Core and More: Research and Practice, Philadelphia, PA, October 2015.

2015 Lucas, T, Linsenmeyer, W. Crisis management: Evaluating communication with stakeholders exemplified by the unrest in Ferguson, Missouri. Paper presentation at the Art Institute Professional Development Series, Denver, CO, July 2015.

2015 Longley, C, Shanley, E, Lewis, K, Arendt, S, Burgess-Champoux, T, Linsenmeyer, W, Rice, B, Rosen, R, Strohbehn ,C, Cosby, R, English, S, Faivre, H. Want milk! Exploring students' milk preferences and perceptions. Research presentation at the Food and Nutrition Conference and Expo, Nashville, TN, October 2015.

2015 Arendt, S, Burgess-Champoux, T, Linsenmeyer, W, Lewis, K, Longley, C, Rice, B, Rosen, R, Shanley, E, Strohbehn, C, Cosby, R, English, S, Faivre, H. Kids talk milk: Best practices in conducting student focus groups. Poster presentation at the School Nutrition Association Annual Conference, Salt Lake City, UT, July 2015.

2015 Rice, B, Lewis, K, Linsenmeyer, W. Want milk! Exploring students' milk preferences and perceptions. Research brief at the Foodservice Systems Management Education Council Conference, Memphis, TN, March 2015.

2014 Linsenmeyer, W. Achieving 70% local sourcing in a free and reduced-price school lunch program. Poster presentation at the biennial Farm to Cafeteria Conference, Austin, TX, April 2014.

2014 Linsenmeyer, W, Jenkins, S, Brewer, D, Mattfeldt-Beman, M. Vertical integration in a local food hub. Poster presentation at the biennial Farm to Cafeteria Conference, Austin, TX, April 2014.

State

2019 Wilson, M, Linsenmeyer, W, Rahman, R, Jones, L. Clinical care programs for transgender populations in the U.S.: Nutrition-related assessment tools. Poster presentation at the Missouri Academy of Nutrition and Dietetics Conference, St. Louis, MO, April 2019.

2017 Linsenmeyer, W, Lucas, T. Let's talk about it: Addressing student questions about civil unrest on a college campus. Oral presentation at the Missouri Association of College Admissions Counselors College Counseling Institute, St. Louis, MO, October 2017.

2016 Lucas, T, Finocchario, E. The Ferguson riots. Paper presentation at the National Association of Multicultural Education Conference, Missouri Chapter, Kansas City, MO, October 2016.

2016 Linsenmeyer, W, Lucas, T. The student voice: How the civil unrest in Ferguson affected SLU students. Paper presentation at the American College Personnel Association Midwest Conference, Kansas City, MO, October 2016.

2015 Linsenmeyer, W. Employing students in a sustainable food service operation. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.

2015 Lucas, T, Linsenmeyer, W. Assessment of college and university communications: Ferguson grand jury decision. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.

Local

2023 Linsenmeyer, W, Heiden-Rootes, K, Drallmeier, T, Rahman, R, Buxbaum, E, Walcott, K, Rosen, W, Gombos, B. The power to help or harm: Student perceptions of transgender health education using a critical qualitative approach. Oral presentation at the DCHS Research Symposium, Saint Louis University, Louis, MO, April 2023.

2023 Linsenmeyer, W, Garwood, S. Patient-center approaches to using BMI to evaluate gender-affirming surgeries. Poster presentation at the DCHS Research Symposium, Saint Louis University St. Louis, MO, April 2023.

2023 Linsenmeyer, W, Heiden-Rootes, K, Drallmeier, T, Rahman, R, Buxbaum, E. Advancing inclusion of transgender and gender diverse identities in clinical education. Webinar Presentation by the Transgender Health Collaborative at Saint Louis University, St. Louis, MO, March 2023.

2023 Linsenmeyer, W, Heiden-Rootes, K, Drallmeier, T, Rahman, R, Buxbaum, E, Walcott, K, Rosen, W, Gombos, B. The power to help or harm: Student perceptions of transgender health education using a critical qualitative approach. Poster presentation at the Saint Louis University Reinert Center for Transformative Teaching and Learning Scholarship of Teaching and Learning Symposium, St. Louis, MO, February 2023.

2018 Linsenmeyer, W, Rahman, R. Caring for our transgender patients and clients: Nutrition-related clinical and psychosocial considerations. Paper presentation at the Health and Social Justice Conference, St. Louis, MO.

2017 Linsenmeyer, W, Lucas, T. Student development during the Occupy SLU movement through the lens of Perry. Paper presentation at the 2017 Graduate Student Association Research Symposium, St. Louis, MO, March 2017.

2017 Linsenmeyer, W, Lucas, T. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, February 2017.

2016 Linsenmeyer, W. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. Poster presentation at the 3rd Annual Scholarship of Teaching and Learning Symposium, St. Louis, MO, October 2016.

2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Poster presentation at the Sigma Xi Research Symposium, St. Louis, MO, May 2016.

2016 Linsenmeyer, W, Lucas, T. The student experience on-campus during the crisis in Ferguson, Missouri. Paper presentation at the 2016 Graduate Student Association Research Symposium, St. Louis, MO, April 2016.

2016 Linsenmeyer, W. Using appreciative inquiry to develop an entrepreneurial mindset in a graduate-level management course. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, March 2016.

2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, March 2016.

2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Paper presentation at the Global and Local Social Justice Conference, St .Louis, MO, February 2016.

2015 Lucas, T, Linsenmeyer, W, O'Brien, K. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Presentation at round table discussion at Ferguson: Talking and Teaching Through our National Crisis Symposium, St. Louis, MO, May 2015.

2015 Linsenmeyer, W, O'Brien, K, Lucas, T. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Paper presentation at the 2015 Graduate Student Association Research Symposium, St. Louis, MO, April 2015.

2015 Lucas, T, Linsenmeyer, W, O'Brien, K. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, February 2015.

INVITED PRESENTATIONS

2023 Linsenmeyer, W. Nutrition research and practice with transgender and gender nonconforming populations. Nutrition Society, Irish Section. Athlone, Ireland.

2023 Linsenmeyer, W, Waters, J. Gender-affirming nutrition care for transgender patients on hormone therapy: Considerations for cardiovascular health. Academy of Nutrition and Dietetics, Cardiovascular Health and Well-Being Dietetics Practice Group. (Webinar).

2023 Linsenmeyer, W. Sex and gender data collection in nutrition science: Inclusion, visibility, and accuracy. American Society of Parental and Enteral Nutrition (ASPEN) 2023 Annual Conference. (Virtual Presentation).

2023 Linsenmeyer, W, Harrell, B. Gender-affirming nutrition care for transgender and gender diverse clients. Missouri Academy of Nutrition and Dietetics, Kansas City, MO.

2023 Linsenmeyer, W. Gender-affirming nutrition care for transgender patients and clients. Dayton Dietetics Association. (Virtual Presentation).

2023 Waters, J, Linsenmeyer W. Nutritional considerations for the care of transgender and gender-diverse patients. West Suburban Academy of Nutrition and Dietetics. (Virtual Presentation).

2022 Linsenmeyer, W. Gender-affirming nutrition care for transgender and gender diverse clients. El Rio Community Health Center. (Virtual Presentation)

2022 Linsenmeyer, W, Waters, J. Nutrition care for the transgender and gender diverse community. Michigan Institute for Care Management & Transformation. (Webinar)

2022 Mattfeldt-Beman, M, Linsenmeyer, W. Entrepreneurship in dietetics education. Universitas Brawijaya. (Virtual Workshop).

2022 Mattfeldt-Beman, M, Rahman, R, Linsenmeyer, W. Dietetics curriculum workshop. Universitas Brawijaya. (Virtual Workshop).

2022 Linsenmeyer, W, Waters, J. Strategies for RDNs to manage sex-specific data of nutrition assessment when caring for transgender and gender diverse patients. Academy of Nutrition and Dietetics (Webinar Series, Part 2).

2022 Linsenmeyer W, Waters J. Gender-affirming nutrition care for transgender and gender diverse clients. Academy of Nutrition and Dietetics (Webinar Series, Part 1).

2022 Linsenmeyer, W, Waters, J. Nutrition Care for Transgender Patients and Clients. Houston Pediatric Nutrition Group. (Virtual Presentation)

2022 Linsenmeyer, W, Schier, H, Alt, H. LGBTQIA+ Nutrition and Health. American Public Health Association, Food and Nutrition Section. (Webinar).

2022 Linsenmeyer, W. Body size, shape, and gender expression: Considerations for working with transgender and gender diverse clients. Weight Management Dietetic Practice Group, Academy of Nutrition and Dietetics. (Webinar)

2022 Linsenmeyer, W. Nutrition care for transgender patients and clients. University of California Health System. (Virtual Presentation)

2022 Linsenmeyer, W. Nutrition care for transgender patients and clients. Family Care Health Center. St. Louis, MO.

2022 Linsenmeyer, W. Food as medicine to address chronic disease and health outcomes. Food Outreach Education Session. RUNG for Women, St. Louis, MO.

2022 Linsenmeyer, W. Nutrition care for transgender patients and clients. Memorial Healthcare System. (Virtual Presentation)

2022 Linsenmeyer, W. Nutrition care for trans and non-binary youth: eating disorder prevalence, management and considerations. University of Alabama Birmingham School of Medicine, Pediatric Nutrition Intensive Course (Virtual Presentation).

2021 Linsenmeyer, W. Transgender health and nutrition. Interprofessional Transgender Health Education Day. Saint Louis University, St. Louis, MO.

2021 Linsenmeyer, W, Waters, J. Lactation support for your transgender patients. Food and Nutrition Conference Expo (Virtual Presentation).

2021 Linsenmeyer, W, Waters, J. Nutrition care for transgender and non-binary individuals. Tec de Monterrey University, Monterrey, Mexico (Virtual Presentation).

2021 Waters, J, Linsenmeyer, W. Nutrition care for transgender and non-binary patients. Suncoast Academy of Nutrition and Dietetics Winter Symposium (Virtual Presentation).

2021 Linsenmeyer, W. Nutrition and Diabetes. Family Medicine Residency Diabetes Day. Saint Louis University School of Medicine, St. Louis, MO.

2021 Linsenmeyer, W. Mindful and intuitive eating. The Aging and Memory Clinic Speaker Series. Saint Louis University School of Medicine, St. Louis, MO.

2019 Brammer, M, Breitbach, T, Frye, S, Landfried, L, Linsenmeyer, W, Owoeye, O. Five-minute research presentations. Doisy College of Health Sciences Scholarship Committee Colloquium, Saint Louis University, St. Louis, MO.

2018 Randolph, T, Landfried, L, Jaegers, L, Ezekiel, U, C, Yi-Fang, Newsham, K, Garcia-Martinez, J, Salsich, G, Breitbach, T, Heuertz, R, Linsenmeyer, W. Three-minute “thesis” faculty scientist edition. Doisy College of Heatlh Sciences Scholarship Committee Colloquium, Saint Louis University, St. Louis, MO.

2017 Linsenmeyer, W, Ahmad, O. Case reports for advancing research and clinical practice: A practical guide and discussion. Doisy College of Health Sciences Scholarship Committee Colloquium, Saint Louis University, St. Louis, MO.

2017 Linsenmeyer, W. Mindful eating. Dietetic Internship, Saint Louis University, St. Louis, MO, September 2017.

2017 Linsenmeyer, W. Maximizing research and publishing productivity during your doctoral studies. School of Education, Saint Louis University, St. Louis, MO, May 2017.

2016 Linsenmeyer, W, Ohmes, K, Karnas, M, Presley, C. Everything you want to know about conferences and publications. Professional Development Committee, School of Education, St. Louis University, St. Louis, MO, November 2016.

2016 Linsenmeyer, W. Nutrition and mindful eating. Our Lady of Lourdes Parent Teacher Association Meeting, Our Lady of Lourdes, St. Louis, MO, September 2016.

2016 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2016.

2016 Davis, D, Ashwaq, AM, Borgeson, MA, Daniels, R, Lim, Youngsun, Lin, Jiaxin, Linsenmeyer, W, Mostafa, H, Qahwaji, S. Why are we here? Perspectives of female doctoral students from five countries. Atlas Week, Saint Louis University, St. Louis, MO, April 2016.

2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the crisis in Ferguson. Atlas Week, Saint Louis University, St. Louis, MO, April 2016.

2016 Linsenmeyer, W. Nutrition and the ADA. Missouri College Personnel Association Professional Staff Drive-In Conference, Saint Louis University, St. Louis, MO, April 2016.

2016 Lucas T, Linsenmeyer, W. Presenting at professional conferences. Graduate Student Association Professional Development Series, Saint Louis University, St. Louis, MO, March 2016.

2016 Linsenmeyer, W, Mackey, J. Dairy update, Academy of Nutrition and Dietetics, St. Louis Chapter, St. Louis, MO, February 2016.

2016 Linsenmeyer W, Nutrition 101, The University City Family Church Wellness Conference, St. Louis, MO, January 2016.

2015 Lucas T, Linsenmeyer W, Crisis management in relation to the unrest in Ferguson, Missouri, Current Issues in Higher Education, Saint Louis University, St. Louis, MO, June 2015.

2015 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2015.

2014 Linsenmeyer W, Grocery cart IQ, The Wilson School Speaker Series, St. Louis, MO, April 2014.

2014 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2014.

TEACHING EXPERIENCE

Saint Louis University

2023 Foundations in Nutrition, DIET 2080, Primary Instructor
Critical Readings of Research Material II, DIET 4880, Primary Instructor

2022 Food Science, DIET 3600, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Innovation in Dietetics Practice, DIET 5350, Primary Instructor
Critical Readings of Research Material, DIET 4880, Primary Instructor

2021 Advanced Nutrition, DIET 3850, Primary Instructor
Clinical Practicum Lab II, DIET 4160, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor

2020 Advanced Nutrition, DIET 3850, Primary Instructor
Clinical Practicum Lab I, DIET 4110, Primary Instructor
Clinical Practicum Lab II, DIET 4160, Primary Instructor
Innovation in Dietetics Practice, DIET 5350, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor

2019 Advanced Nutrition, DIET 3850, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Clinical Practicum Lab I, DIET 4110, Primary Instructor
Clinical Practicum Lab II, DIET 4160, Primary Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor

2018 Advanced Nutrition, DIET 3850, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Seminar in Dietetics Research, DIET 5870, Primary Instructor
Clinical Practicum Lab I, DIET 4110, Primary Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor
Nutrition Capstone, DIET 5960, Primary Instructor
Nutrition Thesis, DIET 5990, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor

2017 Advanced Nutrition, DIET 3850, Co-Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Nutrition Capstone, DIET 5960, Primary Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor

2016 Foundations in Nutrition, DIET 2080, Primary Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Baking Lecture, DIET 4250, Primary Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Crossroads: Intro to Honors, HR 1900-02, Primary Instructor

2015 Foundations in Nutrition, DIET 2080, Primary Instructor
Clinical Systems Management, DIET 535, Primary Instructor
Dietetic Internship, DIET 5910, Course Coordinator
Baking Lecture, DIET 4250, Primary Instructor
Baking Lab, DIET 4250, Co-Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor

2014 Nutrition in the Lifecycle, DIET 210, Primary Instructor
Hot Topics in Nutrition, DIET 100, Co-Instructor
Clinical Systems Management, DIET 535, Primary Instructor
Dietetic Internship, DIET 5910, Course Coordinator
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor

2013 Ethnic Meal Management, DIET 251, Co-Instructor

Prior Institutions

2012-2013 Nutrition for the Culinarian, HRM 128, St. Louis Community College, Primary Instructor

2013 Nutritional Science, SCI 156, The Art Institute of St. Louis, Primary Instructor

HONORS AND AWARDS

2021 Excellence in Scholarship Award, Doisy College of Health Sciences, Saint Louis University

2017 Exemplary Achievement in Leadership and Service, Saint Louis University

2017 John B. Muir Editor Award, National Association for College Admission Counseling

2016 Excellence in Entrepreneurial Teaching, University of Florida at Gainesville Experiential Classroom

2016 Faculty Mentor of a Spirit of the Billiken Award recipient, Saint Louis University

2016 Brennan Service Award, Saint Louis University

FACULTY DEVELOPMENT ACTIVITIES

2022	Community Engagement Studios, Center for Community Health Partnership and Research, Institute of Clinical and Translational Sciences, Washington University in St. Louis
2021	BILCN Research Program, Saint Louis University
2019	Workload Release Program, Saint Louis University
2019	Online Teaching Seminar, Saint Louis University
2018	Small Group Instructional Feedback Session for DIET 3850, Saint Louis University
2017	Grantsmanship Workshop, Saint Louis University
2016	The Experiential Classroom, University of Florida at Gainesville
2016	19th Annual Academic Portfolio Retreat, Saint Louis University
2016	Winter Institute 2016: Thinking Critically, Thinking Creatively about Teaching, Saint Louis University
2016	Small Group Instructional Feedback Session for MAT 5160, Saint Louis University
2013	Online Teaching Skills Certificate, St. Louis Community College